

TŌKEKE  EQUITY
DR. REENA KAINAMU RN NZCMHN

The Personal is Political

Women's Health College  NZNO

Remarkable Women Tāhuna Queenstown 10/5/24

HE TUHI MĀREIKURA

(BLACK, 2021)

ESTEEMED WOMEN



**Fanny Weller aged 13, Ōtākou c1834-1907
(Brookes, 2016; web)**

AGENDA

What do women want?

Ahuwai au | About me

Coloniality

Tōkeke | Equity – Te Tiriti O Waitangi

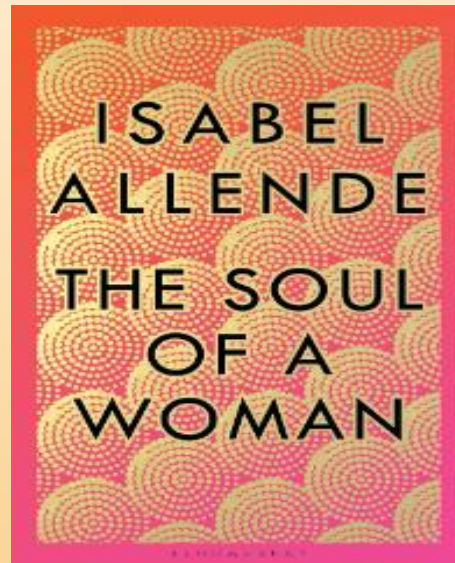
1. Allyship
2. Wāhine Toa
3. Wāhine Wānanga

Wāhine Mā. Ngā mihi





WHAT DO **WOMEN** WANT?



To be safe

To be valued

To live in peace

To have their own resources

To be connected

To have control over their bodies and lives

And above all, to be loved

AHUWAI AU ABOUT ME



Artist: Paerau Corneal Source: web

ŪKAIPŌ

Patungahere Pahuhu b.Monganui c1774 -1851

Ngāti Kahu

MATRILINEAL

Helen Morrison b. Glasgow 1834 -1912

Ship to Aotearoa NZ 1860s

COLONIALITY



Te Papa Museum Source: web

ST. JEAN BAPTISTE 1769

DOUBTLESS BAY **NGĀTI KAHU**

Explorative missions

Claim to higher order

Authority to god

Dismiss, deconstruct, subjugate, extract

Global colonisation was harmful

18th century enlightenment

Ethnographers & ships' logs

Stigmatising language describing wāhine

(Dunmore, 1969; Durie, 2005;
Kainamu, 2013; Perez, 2019)

TŌKEKE EQUITY

TE TIRITI O WAITANGI 1840

4 Articles (Ngāpuhi Speaks, 2012)

WAI2575 HAUORA PRINCIPLES

Tino Rangatiratanga - Options -
Partnerships - Active protection – Equity

(Waitangi Tribunal, 2019)

MENTAL HEALTH, ADDICTION & JUSTICE
WORKFORCE (MHA&J)

1. Allyship (He Kāhu Kōrako, 2023)
2. Wāhine Toa (He Kāhu Kōrako, 2023)
3. Wānanga Wāhine (WAIORA, 2023)

ALLY SHIP (MHA&J)

I AM SOLIDARITY  TOITŪTE TIRITI

SYSTEMIC TRANSFORMATION 

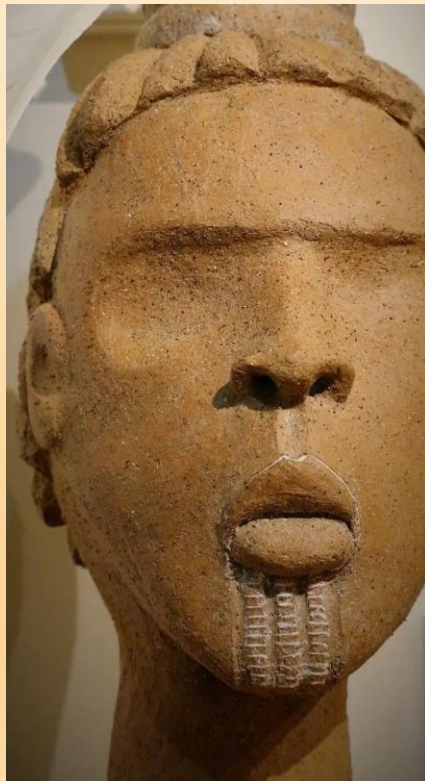
AN ETHIC OF RESTORATION 

HOLISTIC PRACTICES & MĀTAURANGA MĀORI 

ENSURING CULTURALLY SAFE WORK PLACES 

PRIORITISE EQUITY IN POLICY, PRACTICE & STRATEGY 

WĀHINE TOA (MHA&J)



Artist: R.Kainamu

I AM HINE  SOVEREIGN

RISING ABOVE

PAY & ROLE EQUITY

COMPASSIONATE LEADERSHIP

VISIBLE TINO RANGATIRATANGA

MOKOPUNA FUTURES

WĀNANGA & WELLBEING

WĀNANGA  WĀHINE



Artist: Stevei Houkāmu 2023 (uku/clay artist)
Kingi Tūheitia portraiture winner
Photo: author

TAKEPŪ-PRINCIPLES:

Tino Rangatiratanga - Self-determination

Taonga Tuku Iho - Cultural aspiration

Ako Māori – Culturally preferred pedagogy

Whānau - Extended family structure

(Central Cancer Network, 2020;
Wānanga Wāhine-2023)

WĀHINE MĀ NGĀ MIHI

MARAMATAKA MĀORI NĀ HEENI HOTERENE



After 6 years of no clay/uku work, a small hand-made pot

OHOATA – 3rd day of the new moon – 10/5/2024

Work to plant seeds

Not just in the garden

Find projects you would like to work on

Mahia te mahi

